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What is This?



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Table 1. Positive constructs investigated in JHP, HP, and IJBM

Positive construct/process	Category 1 (114 articles)		Category 2 (199 articles)		Total 313 articles	
		%		%		%
Adaptation	24	21.1	41	20.6	65	20.8
Adjustment	40	35.1	43	37.7	83	26.5
Altruism	0	0	0	0	0	0
Appraisal	19	16.7	35	17.6	54	17.3
Authenticity	0	0	1	.5	1	.3
Benefit-finding	23	20.2	7	3.5	30	9.6
Body image (positive)	4	3.5	13	6.5	17	5.4
Compassion	0	0	4	2.0	4	1.3
Competence	10	8.8	14	7.0	24	7.7
Coping	68	59.6	92	46.2	160	51.1
Courage	1	.9	0	0	1	.3
Creativity	3	2.6	0	0	3	1.0
Curiosity	5	4.4	0	0	5	1.6
Emotion-focused coping	10	8.8	17	8.5	27	8.6
Emotional creativity	1	.9	0	0	1	.3
Emotional expression	15	13.2	9	4.5	24	7.7
Empathy	6	5.3	4	2.0	10	3.2
Engagement	8	7.0	4	2.0	12	3.8
Flow	1	.9	0	0	1	.3
Forgiveness	2	1.8	0	0	2	.6
Goal/goal setting	23	20.0	36	18.1	59	18.8
Happiness	13	11.4	9	4.5	24	7.7
Hope	21	18.4	4	2.0	25	8.0
Humility	1	.9	0	0	1	.3
Humor	5	4.4	6	3.0	11	3.5
Leadership	0	0	0	0	0	0
Life meaning/meaning in life	24	21.1	5	2.5	29	9.3
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